

Illegal Drugs

_____ The improper use of medicines

_____ Deliberately taking more than recommended or taking for other purposes than treating an ailment.

_____ The compulsive use of a drug, despite any cost to health, family, or social standing.

_____ The craving for a drug along with symptoms when a dependent drug user stops.

If a drug users share needles to inject drugs, they are at risk of contracting _____ and _____

Legal risks of drugs:

Effects on Family and Friends:

Cost to Society:

Depressant drugs _____

Stimulant drugs _____

_____ a white, odorless, bitter-tasting crystalline powder that easily dissolves in water or alcohol and is taken orally, snorting, by needle injection, or by smoking

Effects of Marijuana

- Distorted perception
-
-
- Increase heart rate
-
- Driving inability

THE FOUR GATEWAY DRUGS

- 1.
- 2.
- 3.
- 4.

Signs _____

Behavioral Signs

- Major changes in behavior or personality
- Lying, cheating
- Attention-getting behavior
- Denial of any problems

Physical Signs

- Poor coordination
- Changes in appearance
- Slurred speech

Social Signs

- Friends suspected of abusing drugs
- Withdrawal from normal activities
- Poor school performance

Where to seek help if you are stressed or have other problems

List 10 alternatives to drugs

- | | |
|----|-----|
| 1. | 6. |
| 2. | 7. |
| 3. | 8. |
| 4. | 9. |
| 5. | 10. |