

Club Drugs

What are club drugs?

Club drugs are drugs that have become popular among young people who go to "raves". Some are relatively new, and some have been around for years. While some raves are drug-free, club drugs have become a routine part of the scene for many ravers.

What is a Rave?

Raves are huge dance parties usually held in large halls or empty warehouses. They run all night and often into the next morning, and features loud, pulsating music.

While most are alcohol free, that doesn't mean they're safe. Club drugs like ecstasy, GHB, Ketamine, Rohypnol, methamphetamine, and LSD are often readily available.

Ecstasy (E, Adam, XTC, Roll)

Ecstasy is one of the most popular club drugs. Known chemically as MDMA, it is a stimulant that can cause hallucinations. It is usually sold in pill form and is often stamped with popular logos or cartoon caricatures. Some forms resemble chewable children's vitamin tablets.

It creates a sense of euphoria, increased energy, empathy, peacefulness. Ecstasy causes deep depression, anxiety, and paranoia, sometimes for weeks after taking the drug. It increases heart rate and blood pressure, creating a special risk for users with heart or circulatory problems.

Ecstasy can dehydrate users to a dangerous level. It can also increase body temperatures to as high as 108 degrees. Some users have even died from heart stroke. Some studies have shown that it can cause long-term brain damage and memory impairment, even after a single dose.

Ecstasy can also make users clench and grind their teeth.

GHB (G, Liquid Ecstasy, Grievous bodily harm, Georgia Home Boy)

GHB is one of the most dangerous club drugs. Highly addictive, its strength varies widely from batch to batch, and a single overdose can be fatal. A powerful depressant, it is usually found in liquid or powder form. It produces relaxation and increased self-confidence in small doses. Larger doses, however, can quickly result in vomiting, seizures, unconsciousness, coma, and death.

Because the liquid form of GHB is colorless, odorless, and nearly tasteless, it is sometimes used as a rape drug.

GHB is made from recipes on the internet that use common household chemicals.

Methamphetamine (Meth, Speed, Ice, Crystal meth, Crank, Chalk, Glass, Fire)

Methamphetamine is a dangerous and unpredictable stimulant. It comes in powder and chunk form, as well as a clear form called "ice" or "glass". When snorted or smoked, meth produces an increased energy level, euphoria, and the ability to go without food or sleep for extended periods of time.

Methamphetamine is highly addictive and can cause paranoia, hallucinations, violent behavior, depression, and death.

Research shows that meth users risk long-term brain damage similar to a stroke or Alzheimer's disease.

Other club drugs: Ketamine, Rohypnol, Nitrous oxide, and LSD

While ecstasy, GHB, and methamphetamine are the most popular drugs with ravers, they're by no means the only ones used at raves. Ketamine, Rohypnol, nitrous oxide and LSD may be less common, but they can just as dangerous.

Ketamine (K, Special K, or Cat Valium)

Ketamine is a powerful animal anesthetic. It causes hallucinations and puts users in a dreamlike state. Its long-term effects include impaired motor functions, potentially fatal respiratory problems, and lasting brain damage.

Rohypnol (Roofies, Roche, Forget-Me Pill)

Rohypnol is different from other club drugs in that its users often ingest it unknowingly. A potent sedative that's colorless, odorless, and easily dissolved, it's often slipped into the drinks ravers, making them unable to resist sexual assault.

Nitrous Oxide (Laughing Gas, Whippets)

Nitrous oxide is usually inhaled from a balloon or bag, known as huffing, to get a quick, giddy, head rush. It is popular with teens on the rave scene because it is viewed as a safe and legal drug. But huffing nitrous oxide can severely depress the central nervous system and cause lasting brain damage. It also can cause a dangerous shortage of oxygen in the lungs, which can lead to unconsciousness, coma or even death.

LSD (Acid, Microdot, boomers, Blotter, Yellow Sunshine)

LSD has been available for years, but it poses special dangers to those who use it in a rave environment. The vivid hallucinations, or trip, that LSD causes can be very dangerous in a hot, crowded rave atmosphere. LSD also causes flashbacks, or sudden recurring hallucinations, years after taking it. LSD can also cause lasting brain damage.

What should I do if I think my child is using club drugs?

Call 1-800-626-4636 to get information on support groups and treatment programs in your area. Though you may not be able to stop your child from using drugs on your own, there are many treatment programs and support options available to help them regain control of their life.

Club Drugs

Name _____

Hour _____

1. Know chemically as MDMA
2. A powerful animal anesthetic
3. Causes flashbacks or sudden recurring hallucinations years later.
4. Users usually ingest unknowingly
5. Usually inhaled from a balloon or bag, to get a quick, giddy head rush.
6. Stimulant often called "ice" or "glass"
7. "E" causes deep depression, anxiety, and _____.
8. Long term use of meth can lead to brain damage similar to a stroke or _____.
9. The "Forget me Pill" makes it unable to resist _____.
10. "Adam can cause body temperatures to go up to 108 degrees ... some people die from _____.
11. "Georgia Home Boy" is a powerful _____ found in liquid or powder form.
12. Whippets cause severe depression to the _____.
13. Because GHB is colorless, odorless, and tasteless it is referred to as the _____.
14. "Crank" is highly _____, causing paranoia, hallucinations, violent behavior, depression, and death.
15. Large parties where club drugs are readily available.

1 _____

2 _____

3 _____

4 _____

5 _____

6 _____

7 _____

8 _____

9 _____

10 _____

11 _____

12 _____

13 _____

14 _____

15 _____